



Jeff Davidson

Jeff Davidson is a leading authority on management and career strategies. In strong demand as a speaker, Jeff offers dynamic learning keynotes and seminar presentations, combining outstanding high-content with humor, flair, and inspiration, leaving his audiences supercharged and ready for action.

Frequently quoted or featured in USA Today, Washington Post, Los Angeles Times, and on 100s of talk shows, a worldwide audience has found Jeff's 25 books and more than 3000 articles to be enlightening, entertaining, and life-changing. His book, *Breathing Space*, is ground-breaking text that will show you how to avoid racing the clock and gain more control over each day. His latest book, *The Joy of Simple Living*, is the most definitive work on the topic to date, offering nearly 2000 tips arranged by room, drawer, and space in one's home, car, and office.

The hallmark of Jeff Davidson's books and keynote presentations is an insatiable quest to find an easier way to do things, a versatile intellect, an empathetic perspective, and an extraordinary capability to focus on the current issues and obstacles blocking the path of today's career professionals. These qualities are all brought to bear as Jeff actively engages, stimulates, and inspires his readers and his audiences. The result is an enjoyable, educational, uplifting experience.

As a professional speaker, Jeff talks to corporate groups and associations worldwide about techniques for achieving more breathing space and flourishing in a career or business. One way he adds to his expertise is by constantly seeking new ways to increase the quality and duration of breathing space he experiences on a daily basis.

Jeff has spoken in almost every industry from aviation to zoology, and has addressed individuals in administration, law, banking, education, finance, government, health care, manufacturing, retailing, and wholesaling. He has also addressed charitable organizations, executive round tables, and partner's programs. His client list includes many companies among the Fortune 500, and national and international associations and organizations.

Topics: Information Overload, Change, Performance Improvement, Motivation, Best-selling author, Time Management/Self-Management

Travels from: NC